



# **DRIVING FORWARD**

RECEIVE FREE TRAINING, GAIN NEW QUALIFICATIONS AND BOOST YOUR CV

DRIVING FORWARD IS AN EXCITING NEW 6 WEEK COURSE COMMENCING ON  
28<sup>TH</sup> OCTOBER 2014 IN MANORHAMILTON

## **Who can take part in the Driving Forward Programme?**

The programme is open to unemployed persons aged 18 to 25.

## **What kind of training will you receive?**

GAA Coaching Course (Award 1)  
Soccer Coaching Course (Kick Start 1)  
Rugby Coaching Course  
Active Leadership (Multi Sports Course)  
Code of Ethics Course

Computer Training  
First Aid Training  
Safe Pass Training  
Safe Talk Workshop  
CV Preparation & Interview Skills

## **Is there a cost to take part on the Driving Forward Programme?**

No, the programme is free to participants. (Courses and training are worth over €600)

## **What is the duration of the programme?**

The programme will run for 6 weeks commencing on 28<sup>th</sup> October.

Programme hours are 10:00am to 2:30pm - Monday to Friday in Manorhamilton.

## **Where can I register or find out more information?**

If you or somebody you know may be interested in taking part in the Driving Forward programme please contact the Project Administrator, Gordon Burke on:  
087 0998276 or 071 9650496 or email [gburke@leitrimcoco.ie](mailto:gburke@leitrimcoco.ie)