

# Caroline Reidy

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## The HR Suite

Caroline Reidy, Managing Director of the HR Suite and HR and Employment Law Expert. Caroline is a former member of the Low Pay Commission and is also an adjudicator in the Workplace Relations Commission. Top trainer and presenter, keynote speaker, expert investigator, mediator, WRC Adjudication Officer and owner of The HR Suite

She has also completed a Masters in Human Resources in the University of Limerick, she is CIPD accredited as well as being a trained mediator. Caroline had worked across various areas of HR for over 20 years in Kerry Group and in the retail and hospitality sector where she was the Operations and HR Director of the Garvey Group prior to setting up The HR Suite in 2009. Achieved a Diploma in Company Direction with Distinction with the Institute of Directors.

### **The HR Suite**

With offices in Dublin and Kerry and a nationwide client base of SME's and multinationals, The HR Suite has over 500 clients throughout Ireland and employs a team of HR Advisors who offer clients expert HR advice, training, third party representation and other HR services.

Caroline speaks widely and writes articles and papers on thought leadership in relation to the future landscape of HR and the challenges and opportunities that presents for employers and employees. She also speaks on the area of employment law, mediation and other relevant HR related topics. She is a regular contributor and expert presenter and trainer in all HRE and Employment Law areas.

Caroline is the author of "The Art of Asking the Right Questions" a tool kit for people managers to ensure they maximise the talent of their people. The guide contains top tips and guidelines for anyone who manages people regarding recruitment, appraisals, personal development etc.

Caroline also recently wrote a children's book about diversity, emotional intelligence and inclusion to mark her 10 year Anniversary in business. This book is a guide for parents, guardians, teachers, coaches, mentors, carers and anyone who impacts a child's life to discuss the importance of celebrating difference and maximising everyone's own potential.

Caroline is also a TEDxTralee presenter and her most recent talk is here: The Art of Asking the Right Questions: <https://www.youtube.com/watch?v=ISZ8IROfJ24>

She is also a lead mentor on the ACORNS programme which is promoting entrepreneurship for women and is a member of the going for growth entrepreneurship programme and continuing the momentum programme.

For further information please visit [www.thehrsuite.com](http://www.thehrsuite.com) and contact us directly to discuss future opportunities.