



“Create Your Own Reality”

with

Peare Davery

Advisor - Coach - Motivator

Abbey Hotel Roscommon

February 17th 2015 - 7pm till 9pm

This is a strategic planning and goal setting seminar with a difference. It is a high impact evening seminar, which will empower participants to set and achieve their goals, plan effectively and manage stress in their lives. You can benefit from a highly motivational, life-changing seminar that will energise participants to make those changes necessary to take realistic planned action and deliver extraordinary performance.

Benefits of the “Create Your Own Reality” programme

- Develop the power to influence and inspire
- How to set and achieve your goals.
- Improve your creativity and produce better solutions.
- Achieve extraordinary performance
- Managing your stress and regenerating your entire system.
- To develop focus and take advantage of your opportunities.
- To use your right brain and become more creative in developing strategies and solutions.
- Live every day with an optimistic outlook and positive mental attitude.

**This seminar is sponsored by the Roscommon Local Enterprise Office
and is Free to all participants.**


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Local Enterprise Office